

# Lavender-Blu



your exclusive online boutique specializing in outstanding lavender products



## Lavender's Blue ... Lavender's "Green"

Lavender's place in the home has a centuries-old tradition, not just for its refreshing, soothing fragrance but also for its disinfecting properties. Historically, Greeks and Romans used lavender to scent their bathwater, and during the Middle Ages and Renaissance, it was often strewn on the floors of homes, castles and streets to keep insects away and mask smells. The name lavender comes from the root *lavare* which means, "to wash." It is now enjoying a true revival as more and more people are looking for non-chemical approaches to completing everyday household tasks. Lavender has its own inherent antiseptic and disinfecting as well as antimicrobial properties, is an excellent solvent of oils, is a time-tested insect repellent, and just happens to have a wonderful and lasting fragrance of its own!



Here are **10 quick tips** on how to use **organic lavender essential oil** to infuse a fresh spring breeze right into your home environment!

- 1-2 drops onto a warm light bulb will immediately infuse your living/working space with the soothing aroma.
- Place 1-2 drops on the air filter of your vacuum cleaner while vacuuming.
- For washing floors and surfaces – use up to 15 drops of lavender essential oil in a bucket of warm water.
- For a dryer sheet - add 10 drops of lavender essential oil onto a small towel and place it in your dryer ... the clothes will have a natural fresh lavender scent.
- Add 5-10 drops of lavender essential oil to your ironing water – ironing will never be a chore again!
- Put 5-10 drops of lavender essential oil on a cotton ball and place it in your drawer, your gym bag, suitcase, shoe closet ...
- Use a lavender essential oil infused cotton ball (5-10 drops) when storing away winter clothes and boots ... lavender also is known to repel moths! For this purpose, the organic lavender sachets are also ideal!
- Pure lavender essential oil does not stain ... therefore you can put a few drops of lavender essential oil on your clean linens, bedding, etc ... before putting them away.
- Fill an empty spray bottle with warm water, add 10-15 drops of lavender essential oil and use it as a natural air freshener or dusting "agent".
- Add a few drops of lavender essential oil to all the towels around the house ... including the kitchen towel ... anytime you use a towel, the fresh scent of lavender will be released.
- Bonus** – after a stressful day of Spring Cleaning make sure to add 10 drops of Lavender Essential Oil into your evening bath ... sweet dreams!

## Create Your Very Own Home Made, All Natural Cleaning Products

### Around-The-House Spray Cleaner

2 cups water  
½ teaspoon sodium borate  
¼ teaspoon liquid soap  
25 drops of organic lavender essential oil

Small spray bottle

### Gentle Scouring Cream

½ cup baking soda  
liquid soap  
15 drops of organic lavender essential oil

Add essential oils to baking soda and blend. Next, incorporate the liquid soap several drops at a time until a creamy paste forms.

### Restful Pillow & Linen Spritz

4 ounces bottled or distilled water  
15 drops of organic lavender essential oil

Small spray bottle or atomizer

Place ingredients in a spray bottle. Shake vigorously before misting linens.



[www.lavender-blu.com](http://www.lavender-blu.com)

905-320-8995

[contact@lavender-blu.com](mailto:contact@lavender-blu.com)